

# HEARTCHAN

Sacred Light Mountain Retreat Center  
Ellijay, GA

2023

# Retreat Schedule



# MARCH

**OPEN for HEARTCHAN guest leader** ( Center leaders, Group leaders, teachers, practitioners are welcome to propose and coordinate an on-site program at SLM)

# MAY 26-29

**Silent Retreat**, open to anyone that has completed a HEARTCHAN intro to Chan retreat or intro course.

## APRIL 28-30

**Introduction to CHAN practice retreat**, open to anyone interested to explore and experience Chan practice.



## JUNE 16-18

**Introduction to CHAN practice retreat**, open to anyone interested to explore and experience Chan practice.



## JULY 1-4

**Teachers Retreat**, open to anyone aspiring to be a meditation group leader that has completed a HEARTCHAN intro to Chan retreat or intro course (experienced teachers welcome to increase their comfort level with teaching the intro courses)





**AUGUST 18-20**

**Introduction to CHAN practice retreat,**  
open to anyone interested to explore  
and experience Chan practice.



**OCTOBER 20-22**

**Introduction to CHAN practice retreat,** open  
to anyone interested to explore and  
experience Chan practice.

**SEPTEMBER 1-4**

**Silent Retreat,** open to anyone that has  
completed a HEARTCHAN intro to Chan  
retreat or intro course.



**NOVEMBER**

**OPEN for HEARTCHAN,** guest  
leader ( Center  
leaders, Group leaders,  
teachers, practitioners are  
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and coordinate an on-site  
program at SLM)



**DECEMBER 29 to**  
**Jan. 1**

Open to anyone that has  
completed a HEARTCHAN  
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